



Background

The scientific name for bananas translates to "fruit of the wise man" and that is what we are!

Be wise and go bananas!

Our aim is that everyone has a banana at the start of every day throughout the campaign! And also if they are partaking in sport...:)

A banana a day!

Move over apples; you've got unbeatable competition!

Daily Grind

- Bananas have a protein that relaxes you and makes you happy:), therefore, the atmosphere in school will be awesome, which will improve daily grind.
 - The most beneficial time of the week to have them is on Monday morning because with that extra boost, it can help cure hangovers!! Therefore improve daily grind:)
- Bananas are a rich source of potassium and improve energy levels for sports they are a quick boost of energy....which will make fiercer competition in sports and with a higher chance of beating Scotland!:) Overall, improving daily grind!
 The top performing 10% of teachers will be provided with a reward which is likely to be a stay at the luxurious 'Banana Hotel' in Australia with you family.
 One citation a week per student for those that eat at least 1 banana a day or drink a banana smoothie.

Banana-time – Banana time in the business world is chill out time. We intend to implement this into the school day, so that the more productive you are, the more banana-time you will have. Teachers will monitor students' progress and suggest suitable candidates. This will not be given to unproductive students.

Results

• Bananas are a "brain food" which will help you remember things and help you to be more focused – improving exam results and the atmosphere in our school!

Reward trip to California including a trip to the 'International Banana Museum' for students who come within the top 5% of highest added value and those who attain the top 5% of highest grades for both GCSE and A-level.

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- Bananas directly link to SDL because they are yellow (semi-collaborative and collaborative), but that is not all!
- Bananas are also known to promote social ease and improve mood. This makes
 working collaboratively and semi-collaboratively much more feasible. However,
 at the same time they also boost concentration levels. Thus helping each student
 to use the 'focused' area more appropriately. Therefore, a banana a day will
 improve our SDL culture.
- We want a Banana SDL theme in 3 classrooms e.g. banana bench, banana bean bag. This sort of theme will improve mood and atmosphere and help to boost an SDL culture.

Uttendance

- Bananas are also a natural cure to reduce anxiety which will improve attendance because research shows that one of the main causes of absence from school is anxiety and worry.
- As they have a protein that brings relaxation and happiness, it will improve attendance.
 - Also, as it cures hangovers, it will make attendance better!

 Top 3 attenders receive an extra 5 citations at the end of the year for



Be Wise. Go Bananas!